

2001 California Children's Healthy Eating and Exercise Practices Survey

Table 58: Percentage of Children Using a Physically Active Mode of Transportation¹ to and from School on a Typical Weekday (Diary Sample)

What was the primary way your child got *to school* today?

What was the primary way your child got *home from* school today?

	Children Using a Physically Active Mode of Transportation to and from School, Average Estimated Percent ²	
Total	16	
Gender		
Males	18	
Females	14	
Ethnicity		
White	15	
African American	22	
Latino	18	
Asian/Other	11	
Income		
≤\$19,999	36 ^b	***
\$20,000 - \$49,999	15 ^a	
≥\$50,000	13 ^a	
Federal Poverty Level		
≤ 185%	26	***
> 185%	11	
Food Stamps		
Yes	39	***
No	13	
Overweight Status		
Not at Risk	14	
At Risk/Overweight	20	
Physical Activity		
≥60 minutes	16	
<60 minutes	17	
School Breakfast		
Yes	27	***
No	14	
School Lunch		
Yes	16	
No	16	
Nutrition Lesson		
Yes	17	
No	16	
Exercise Lesson		
Yes	15	
No	18	

¹ Physically active modes of transportation include walking and bicycling.

² Participants get one point for walking or biking to and from school on day 1 and one point for day 2. The mean of the two-day score is presented. The average estimated proportion ranges from 0-1 and is reported as a percent.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

ANOVA

*** p<.001